



Escape is a new transition service for young adults who are looking to take the next step in life.

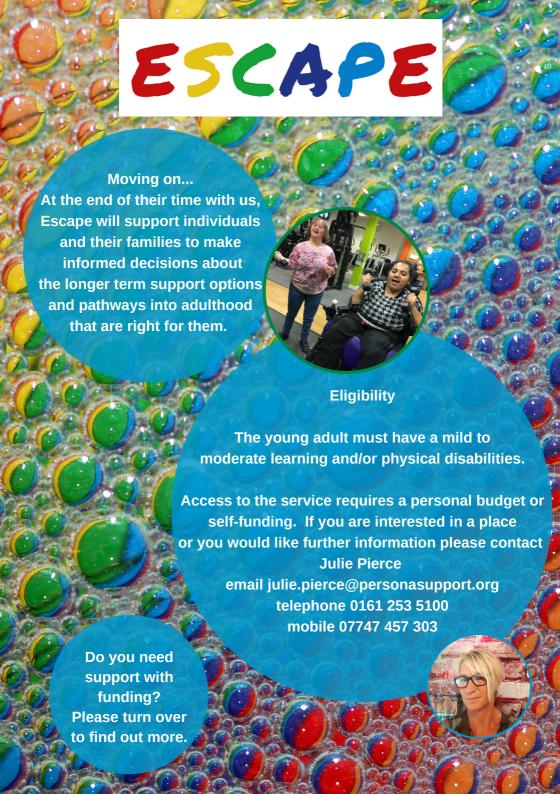
We offer support between of 9.00am-3.30pm Monday - Thursday and 9.00am-3.00pm on Fridays.

We will support young people to engage in a range of activities and opportunities that link to our 3 key areas :-

Social Development
and Life Skills
Having the opportunity to meet
new people, make new friends and
develop social skills. Activities
such as bowling, cinema trips,
joining other community groups,
going out for lunch, playing
pool, going to the pub.

Independent Living Skills
Planning menus, purchasing
ingredients, shopping,
basic money skills,
using household appliances,
cleaning, making drinks,
cooking and confidence
building, travelling
on public transport.

Health and Wellbeing
Healthy eating,
using the gym,
swimming, Wheels for All,
indoor/outdoor sports.
Rebound Therapy,
relaxation,
Healthy Minds.





Support with funding

We can support applications for a personalised budget from Bury Council to help fund a place.
A social worker will carry out an assessment to determine how much financial support you are eligible for. If you do not have a social worker then you can contact Bury Council on:

Telephone 0161 253 5151
Online www.bury.gov.uk/adults
Face to face:
Connect and Direct
Textile Hall
Manchester Road
Bury Lancashire
BL9 0DG



