

# ESCAPE



HEALTH + WELLBEING

INDEPENDENT LIVING



SOCIAL SKILLS

Make all of these happen with our new service

**Persona**  
We're all about you



# ESCAPE

Escape is a new transition service for young adults who are looking to take the next step in life.

We offer support between of 9.00am-3.30pm Monday - Thursday and 9.00am-3.00pm on Fridays.

We will support young people to engage in a range of activities and opportunities that link to our 3 key areas :-

## **Social Development and Life Skills**

Having the opportunity to meet new people, make new friends and develop social skills. Activities such as bowling, cinema trips, joining other community groups, going out for lunch, playing pool, going to the pub.

**Independent Living Skills**  
Planning menus, purchasing ingredients, shopping, basic money skills, using household appliances, cleaning, making drinks, cooking and confidence building, travelling on public transport.

**Health and Wellbeing**  
Healthy eating, using the gym, swimming, Wheels for All, indoor/outdoor sports.  
Rebound Therapy, relaxation, Healthy Minds.



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## Moving on...

At the end of their time with us, Escape will support individuals and their families to make informed decisions about the longer term support options and pathways into adulthood that are right for them.



## Eligibility

The young adult must have a mild to moderate learning and/or physical disabilities.

Access to the service requires a personal budget or self-funding. If you are interested in a place or you would like further information please contact

Julie Pierce

email [julie.pierce@personasupport.org](mailto:julie.pierce@personasupport.org)

telephone 0161 253 5100

mobile 07747 457 303

Do you need support with funding?

Please turn over to find out more.





# ESCAPE

## Support with funding

We can support applications for a personalised budget from Bury Council to help fund a place.

A social worker will carry out an assessment to determine how much financial support you are eligible for. If you do not have a social worker then you can contact Bury Council on:

Telephone 0161 253 5151

Online [www.bury.gov.uk/adults](http://www.bury.gov.uk/adults)

Face to face:

Connect and Direct

Textile Hall

Manchester Road

Bury Lancashire

BL9 0DG



For more information contact us on 0161 253 5100  
or visit: [www.personasupport.org/escape](http://www.personasupport.org/escape)

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